





Thank you to all our 2024 EXHIBITORS!
Pangaea Health and Safety LLC







AGENDA <u>SWA</u>
•What is refresher training
•Fire Debris Heavy metal issues
•Outdoor and Indoor Heat Stress - June 20, 2024
•Lithium Ion Battery safety
•2024 Emergency Response Guidebook usage
•Using the ERG to model releases
•ASKRAIL for train information - June 24, 2025.
•Kahoot
•Exam and Evaluation





- Email
- Emai
- Instructor's Name NICK
- Which day are you attending?





REGULATIONS

Hazardous Waste Operations and Emergency Response (Hazwoper) 29 CFR 1910.120(q)(6)(i) Awareness Level DOT – Hazardous Materials Regulations

49 CFR (Parts 171 - 180) Emergency Response 172.604 Hazard Communications Standard

29 CFR 1910.1200 w/ Global Harmonization

OSHA HAZWOPER STANDARD 29 CFR 1910.120 AND GISO TITLE 8 SECTION 5192

HAZWOPER applies to:

- Corrective actions involving clean-up at Resource Conservation and Recovery Act (RCRA) and Superfund sites.
- Cleanup operations required by a governmental body at uncontrolled hazardous waste sites.
- Voluntary clean-up operations at governmentally recognized uncontrolled hazardous waste sites.

OSHA HAZWOPER STANDARD 29 CFR 1910.120 AND GISO TITLE 8 SECTION 5192

HAZWOPER applies to:

- Hazardous waste operations at treatment, storage and disposal (TSD) facilities.
- Emergency response operations for releases of, or substantial threats of releases of, hazardous substances without regard to the location of the hazard.

OSHA HAZWOPER

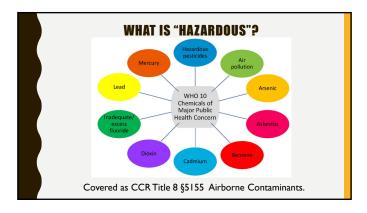
HAZWOPER Training

- -General Site Worker:
 - Minimum of 40 hours initial training off site
 - Minimum 3 days field experience under direct supervision
- -Occasional workers
- Receive 24 hours off site training with one day field experience -Workers at fully characterized sites may receive 24 hours off
- site training with one day field experience
- -Annual refresher training of 8 hours
 - Various ways to accomplish this

• HAZWOPER Training - Skilled support personnel

- Essential personnel without HAZWOPER certification may enter hot zone in an emergency if they receive a safety briefing;
 - -Instruction on use of appropriate PPE
 - -Chemical hazards involved
 - -Duties to be performed
- Examples:
 - Heavy equipment operators
 - Oils Spill response from civilians





WORKER PROTECTION FROM WILDFIRE SMOKE

•California Code of Regulations, title 8, section 5141.1 applies to most outdoor workplaces where the

- •Current Air Quality Index (current AQI) for airborne particulate matter 2.5 micrometers (PM2.5) or smaller is 151 or greater,
- •and where employers should reasonably anticipate that employees could be exposed to wildfire smoke.

§5141.1 PROTECTION FROM WILDFIRE SMOKE

•Wildfire smoke is composed of harmful chemicals and tiny particles suspended in the air that present a significant health hazard for workers exposed to it.

•These particles can irritate the lungs and cause serious or even fatal health effects, such as:

- -Reduced lung function
- -Bronchitis
- -Worsening of asthma
- –Heart failure

HEAVY METALS ARE PREVALENT IN WILDFIRE SMOKE AND DEBRIS

• NIOSH's study from the Carr Fire showed

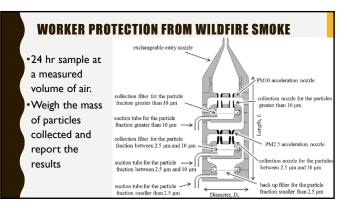
- -Based on previous soil and air sampling exceedances, Arsenic, Cadmium, Lead, Mercury, Manganese, and Nickel have been identified as metals of concern. Arsenic, Lead, Cadmium, and Nickel are carcinogenic. Manganese is known to be a neurotoxin.
- Trees, bushes (but not grasses) can burn and turn chromium III into chromium VI: https://thehill.com/policy/energy-environment/4355682california-wildfires-cancer-causing-compounds-hexavalent-chromium-6-study/

Good		(1-hour average, µg/m ³)
	10 miles and up	0 - 40
Ioderate	6 to 9	41 - 80
Unhealthy for Sensitive Groups		81 - 175
Unhealthy	1 1/2 to 2 1/2	176 - 300
Very Unhealthy	1 to 1 1/4	301 - 500
Hazardous	3/4 mile or less	over 500
	d are treated as such in this docum	dues obtained by measuring either PM_{10} of ent. Therefore, in the table above, the diff
		ent. Therefore, in the table above, the

§5141.1 PROTECTION FROM WILDFIRE SMOKE

• Identification of Harmful Exposures (subsection c) – For worksites covered by the regulation, employers (with certain exceptions) must determine employee exposure to PM2.5 at the start of each shift and periodically thereafter, as needed.

301+	HAZARDOUS
201-300	VERY UNHEALTHY
151-200	UNHEALTHY
101-150	UNHEALTHY FOR SENSITIVE GROUPS
51-100	MODERATE
0-50	GOOD





§5141.1 PROTECTION FROM WILDFIRE SMOKE

• Communication (subsection d) – Employers must implement a system for communicating wildfire smoke hazards in a language and manner readily understandable by employees.

§5141.1 PROTECTION FROM WILDFIRE SMOKE

• Training and instruction information (subsection e and Appendix B) – For worksites covered by the regulation, employers must provide effective training that includes at least the information contained in Appendix B.

- -(a) The health effects of wildfire smoke.
- -(b) The right to obtain medical treatment without fear of reprisal.
- -(c) How employees can obtain the current Air Quality Index (AQI) for PM2.5.
- -(d) The requirements of Title 8, section 5141.1.
- -(e) The employer's two-way communication system.
- -(f) The employer's methods to protect employees from wildfire smoke.
- -(g) The importance, limitations, and benefits of using a respirator when exposed to wildfire smoke.
- -(h) How to properly put on and use the respirators provided by the employer.

§5141.1 PROTECTION FROM WILDFIRE SMOKE

• Control of harmful exposures to employees (subsection f) – With certain exceptions, employers must reduce workers' exposure to wildfire smoke in the following ways:

- -If feasible, by providing an enclosed location with filtered air so that employee exposure to PM2.5 is less than a current AQI of 151, or to the extent feasible.
- -If that is not feasible or adequate, by relocating to another outdoor location where the current AQI for PM2.5 is lower, changing work schedules, reducing work intensity, or providing more rest periods.

§5141.1 PROTECTION FROM WILDFIRE SMOKE

-Control of harmful exposures to employees (subsection f) – With respiratory protective equipment if employers cannot reduce workers' exposure to PM2.5 to a current AQI of less than 151.

-Where the current AQI for PM2.5 is from 151 to 500, employers must provide a sufficient number of NIOSHapproved particulate respirators, such as N95 masks, to all employees for voluntary use, and training on the regulation, the health effects of wildfire smoke, and the safe use and maintenance of respirators.

§5141.1 PROTECTION FROM WILDFIRE SMOKE

-Control of harmful exposures to employees (subsection f) -Where the current AQI for PM2.5 is higher than 500, the employer must provide and require employees to use NIOSH-approved particulate respirators that will reduce employee exposure to PM2.5 to an equivalent of an AQI less than 151.



ASBESTOS STANDARD

- Currently about 125 million people in the world are exposed to asbestos at the workplace.
- In 2004, asbestos-related lung cancer, mesothelioma and asbestosis from occupational exposures resulted in 107,000 deaths and 1,523,000 Disability Adjusted Life Years (DALYs).
- In addition, several thousands of deaths can be attributed to other asbestos-related diseases, as well as to non occupational exposures to asbestos.

• Asbestos (fire debris, construction and demolition facilities, some landfills)



ASBESTOS TERMS

•ACM: Asbestos-containing material with more than 1% asbestos

- PACM: Presumed asbestos containing material
- Fiber: Particulate form of asbestos 5 microns or longer with a length-to-diameter ratio of at least 3 to 1 (3:1).



• Thermal System Insulation (TSI):ACM applied to pipes, fittings, boilers, breeching, tanks, ducts or other structural components to prevent heat loss or gain

ASBESTOS CONTAINING MATERIALS

• Building Materials such as:

- \rightarrow Roofing shingles
- \rightarrow Ceiling and floor tiles
- \rightarrow Paper products

 $\bullet \! \rightarrow \! \mathsf{Asbestos} \text{ cement products}$

- Friction Products:
- ${\scriptstyle \bullet} \! \rightarrow \! \mathsf{Automobile} \ \mathsf{clutch}$

 ${}^\bullet\!\to \mathsf{Brake} \text{ pads}$

- → Transmission parts
- Heat-resistant fabrics, packaging, gaskets, and coatings

FRIABLE ASBESTOS

Friable asbestos = any asbestos containing material that, when dry, is easily crumbled or pulverized to powder by hand
Use of asbestos in these products banned by 1978; those

already in marketplace remained on shelves used in construction for many years after.

-Any home built prior to 1982 should be considered to contain

asbestos



HEALTH EFFECTS

- All types of asbestos cause lung cancer, mesothelioma, cancer of the larynx and ovary, and asbestosis (fibrosis of the lungs).
- Asbestos fibers enter alveoli in lungs, irritate thin membrane.
- Leaves scar tissue that oxygen can't penetrate.
- As more alveoli are affected oxygen starvation sets in severe disability or death.
- Pleura membrane lining in lungs can also be affected.
- Asbestos fibers may migrate from lungs into pleura causing mesothelioma

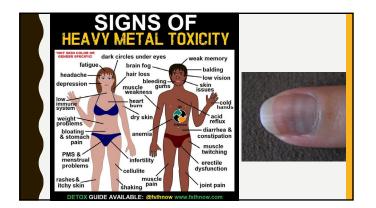
• Many harmful effects do not appear for 20 or more years.



SUSPECT ASBESTOS PRESENT

• Do not disturb!

- Notify supervisor immediately.
- Isolate the area.
- Area/material should be tested by qualified personnel.
- Material removed & disposed of by qualified abatement personnel.
- Exposure to wet/water-logged material possibly containing asbestos doesn't pose the problems exposure to "friable" asbestos does.



MERCURY STANDARD

- Mercury is toxic to human health, posing a particular threat to the development of the child in utero and early in life.
- Mercury exists in various forms: elemental (or metallic); inorganic (e.g. mercuric chloride); and organic (e.g., methyl- and ethylmercury), which all have different toxic effects, including on the nervous, digestive and immune systems, and on lungs, kidneys, skin and eyes.





MERCURY STANDARD

- Mercury releases in the environment result mainly from human activity, particularly from coal-fired power stations, residential heating systems, waste incinerators and as a result of mining for mercury, gold and other metals.
- Once in the environment, elemental mercury is naturally transformed into methylmercury that bioaccumulates in fish and shellfish.





MERCURY STANDARD



- Human exposure occurs mainly through inhalation of elemental mercury vapors during industrial
- processes and through consumption of contaminated fish and shellfish. • Interventions to prevent environmental releases and human exposure include:
- -eliminating mercury production and use in mining and industry;
- promoting use of clean energy sources that do not rely on burning of coal;
 switching to non-mercury thermometers and sphygmomanometers in health care; and
- -implementing safe handling, use and disposal of mercury-containing products and waste.

LEAD STANDARD § 1532.1. (C) LEAD

Lead is a toxic metal and has caused extensive environmental contamination and health problems in many parts of the world.
It is a cumulative toxicant that affects multiple body systems,

including:

- -neurologic, (Central Nervous System)
- -hematologic, (Blood)

-gastrointestinal, (Digestive System)

–cardiovascular, (Heart)

-and renal systems. (Kidney)

• Children are particularly vulnerable



LEAD STANDARD

- Reductions resulted in a substantial lowering in population-level mean blood lead concentrations.
- Recent reductions in the use of lead in:
- –petrol,
- –paint,
- -plumbing
- -and solder
- Significant sources of exposure still remain, particularly in developing countries.

LEAD POISONING SYSTOMS

• Lead poisoning symptoms in children

• Signs and symptoms of lead poisoning in children include:

- Developmental delay
- Learning difficulties
- Irritability
- Loss of appetite
- Weight loss
- Sluggishness and fatigue

Mayo Clinic Website

- Abdominal pain Vomiting
- Constipation
- Hearing loss
- Seizures
- Eating things, such as paint chips, that aren't food (pica)

§ 1532.1. (C) LEAD PERMISSIBLE EXPOSURE LIMIT (PEL).

- (1) The employer shall ensure that no employee is exposed to an airborne concentration of lead at concentrations greater than 10 (changed from fifty) micrograms per cubic meter of air (10 µg/m3) calculated as an 8-hour time-weighted average (TWA) period.
- The 8-hour TWA shall be calculated in accordance with the appendix to section 5155.





HEAT ILLINESS PREVENTION IN THE INDOOR AND OUTDOOR WORKPLACE WHAT YOU NEED TO KNOW

CAL/OSHA HEAT ILLNESS PREVENTION STANDARD

- •The California Occupational Safety and Health Administration (Cal/OSHA) recently passed a heat illness prevention standard •Adopted June 15, 2005
- •Found in Title 8 California Code of Regulations Section 3395 (http://www.dir.ca.gov/title8/3395.html)
- •New Indoor standard June 20, 2024

CAL/OSHA HEAT ILLNESS PREVENTION STANDARD

•Standard applies to **outdoor places of employment** (staff spending a "significant amount" of time outdoors performing their job)

•Cal/OSHA does not define a "significant amount of time"

•We will talk outdoor standard first then Indoor standard

FACTS ABOUT HEAT RELATED ILLNESS

- •Heat illness is:
- -Overheating of the body
- -Inability of the body to cool itself
- •Why is it important to know about and address heat illness?
- -Heat illness is dangerous
- -Heat illness can kill
- -Heat illness is preventable

TRAINING OBJECTIVE

- •At the end of this training, you should know: -The environmental factors and personal factors that contribute to the risk of heat-related illness
- -The different types of heat-related illness and their signs and symptoms
- -The preventive measures to reduce potential for heat related illness
- -The Hazardous Material Division's procedures for identifying, evaluating, and controlling exposure including procedures for responding to heat related illness

PHYSIOLOGY OF HEAT STRESS

- •During both rest and activity, the human body tries to maintain an internal temperature of 98.6 ° F
- •Not everyone has the same body temperature



PHYSIOLOGY OF HEAT STRESS

•Hot weather, heat sources, and hard work raise the body's core temperature

•Heated blood is pumped to the skin's surface, where body heat transfers to the environment, if cooler

If heat has to be shed faster, sweat carries it to outside skin and evaporates to aid cooling



PHYSIOLOGY OF HEAT STRESS

•During heavy work, a body can lose 1-2 liters of water per hour.

•You can only reabsorb I liter per hour. •After 2-3 hours of fluid loss, a person is likely to:

- -Lose endurance -Become uncomfortable
- -Feel hot
- -Become thirsty



PHYSIOLOGY OF HEAT STRESS

•The longer a body sweats, the less blood there is to carry excess heat to the skin or oxygen and nutrients to muscles. •After 3 hours, a dehydrated worker may experience;

- -Headaches
- -Muscle fatigue
- -Loss of strength
- -Loss of accuracy and dexterity
- -Heat cramps
- -Reduced alertness -Nausea



PHYSIOLOGY OF HEAT STRESS

•Water is key to cooling body and combating heat stress

•Without fluid replacement during an extended period of work, the body is at risk of exhaustion

•Untreated heat exhaustion may lead to heat stroke



ENVIRONMENTAL RISK FACTORS

- Air Temperature (convective heat)
 Relative Humidity
 Air movement
 Workload severity/duration
 Protective clothing and PPE
- •Radiant heat (e.g., from the sun)
- •Conductive heat (e.g., standing on hot ground)

ENVIRONMENTAL RISK FACTORS

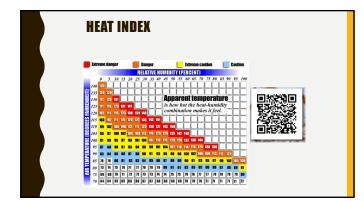
- •Air Temperature and humidity
- -The higher the air temperature, the higher the humidity, the hotter it feels and the higher the risk for heat related illness
- -Air temperature and humidity, taken together, can be expressed as the heat index (or apparent
- temperature) which is a measure of how hot it really feels to your body.

HEAT INDEX

- TLVs for heat stress use WBGT index measure WBGT index with WBGT monitor
- Use index to manage work/rest duration



The WetBulb Globe Temperature (WBGT) is a measure of the heat stress in direct sunlight, which takes into account: temperature, humidity, wind speed, sun angle and cloud cover (solar radiation). This differs from the heat index, which takes into consideration temperature and humidity and is calculated for shady areas.



HEAT INDE	X
Heat Index	General Effect of Heat Index on People in Higher Risk Groups
80-89 Caution	Fatigue possible with prolonged exposure and physical activity.
90-104 Extreme Caution	Heat stroke, heat cramps, and heat exhaustion possible.
105-129 Danger	Heat stroke, heat cramps, and heat exhaustion likely.
130 or higher Extreme Danger	Heat stroke highly likely with continued exposure.

ENVIRONMENTAL FACTORS

Limited air movement

-Air movement increases the evaporation of sweat from your skin and cools the body. Little or no wind is a risk factor as this evaporation (and cooling) decreases.



ENVIRONMENTAL FACTORS

- •Workload severity duration (physical exertion)
- -The more physical exertion, the higher the risk
- Personal protective equipment (PPE)
 –PPE decreases evaporation of sweat from your skin (and, therefore, decreases cooling)



ENVIRONMENTAL FACTORS RADIANT HEAT

•Heat generated when solar electromagnetic radiation hits the body

•Heat that radiates from hot equipment or objects

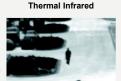




ENVIRONMENTAL FACTORS CONDUCTIVE HEAT

•Conductive Heat is transfer of heat by contact of two objects at different temperatures.

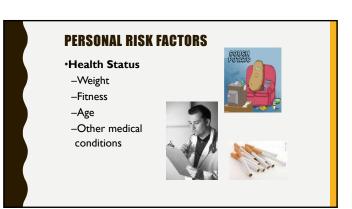
•In this slide, higher heat from the hot asphalt (white area on slide) is entering the cooler person through their feet.



WATCH OUT FOR YOUR PETS ALSO THEY ARE NOT WEARING SHOES Simply touch the pavement with the back of your hand for seven seconds. If you can't hold out for the full seven seconds because the surface is too l

If you can't hold out for the full seven seconds because the surface is too hot, then it's also too hot for your dog's paws.

lime	Grass in shade	Grass in sun	Air Temp	Cement	Red Brick	Blacktop
7am	70	74	76	78	78	80
8	72	77	77	80	81	81
9	78	85	88	93	95	89
10	82	86	90	99	105	103
11	85	98	92	105	115	121
12pm	88	100	93	112	125	
1	90	103	94	115	130	
2	91	105	95	125	135	
3	91	105	95	124	134	
4	89	102	95	118	131	
5	87	98	93	112	122	
6	85	96	91	106	110	122
7	83	86	90	100	105	112
8	80	80 (dusk)	87	95	98	103
9	78	78 (dark)	84	90	92	93



PERSONAL RISK FACTORS

- •Diet
- –Eating habits –Alcohol/caffeine
- consumption

Medications

-Certain medications make people more prone to heat illnesses



PERSONAL RISK FACTORS

•Water Consumption -Frequency/amount of water consumption

Acclimatization

-Temporary adaptation of the body to work in the heat which occurs gradually when a person is exposed to heat



TYPES OF HEAT ILLNESS

There are five main types of heat illness:

Heat rash
Heat cramps
Fainting (syncope)
Heat exhaustion
Heat stroke

HEAT RASH

•Also know as "prickly heat" •Occurs when sweat cannot freely evaporate from the skin and sweat ducts become plugged •Can be prevented by wearing

clothes that allow sweat to evaporate as well as bathing regularly and drying the skin



HEAT CRAMPS

- •Cramps in the arms, legs, or abdomen
- •Occurs in individuals who sweat profusely, but do not adequately replace the body's salt loss.
- •To prevent, ensure that salts are replaced during and after heavy sweating (e.g. salt food, drink sports drinks).



FAINTING

Fainting (syncope) is caused by the brain not receiving enough oxygen because blood pools in the extremities
Onset of fainting is rapid and unpredictable
Can be prevented by gradual acclimatization

HEAT EXHAUSTION

•Mild form of shock caused when the circulatory system begins to fail as a result of the body's inadequate effort to give off excessive heat

 Although not an immediate threat to life, if not properly treated could evolve into heat stroke



HEAT EXHAUSTION Symptoms Skin is clammy and moist Profuse Sweating Extreme weakness or fatigue Nausea Headache Fainting Complexion pale or flushed

HEAT EXHAUSTION

Treatment

-Move person to cooler/shaded area to rest and if possible, lay the worker down.

-Fan the person, spray/mist with cool water, or apply a wet cloth to his or her skin but if the worker begins to shiver, stop cooling.

-Loosen and remove heavy clothing that restricts evaporation and cooling.

-If worker is alert and not nauseated, provide fluids such as cool water, juice, sports drinks, or non-caffeinated soft drinks. (About a cup every 15 minutes)

HEAT EXHAUSTION

-Body temperature normal or slightly elevated

Treatment (cont'd)

- -Contact your first aid trained person.
- –Do not leave him or her alone.
- -Call 911 if person does not feel better in about 15 minutes or if unconscious
- -Do not further expose the person to heat that day. Have them rest and continue to drink cool water and electrolyte drinks.

HEAT STROKE

•Severe and sometimes fatal condition resulting from the failure of the body to regulate its core temperature.

•The body's normal cooling mechanisms stop functioning, <u>sweating stops</u>.



•True medical emergency requiring immediate medical attention.

HEAT STROKE

Symptoms

- -Stop Sweating
- -Rapid Pulse
- –Mental Confusion
- -Loss of Consciousness
- -Convulsions
- -Body Temperature \geq 103.5°F.
- –Hot, dry skin
- -Can die unless treated promptly

HEAT STROKE

•Treatment

- -Call 911
- -While waiting for medical help
 - -Remove victim to a cool area
- -Remove clothing that restricts cooling
- -Cool the person with whatever means you can (see next
- slide)
- -Have the person drink sips of cool water if he is alert enough to drink anything and not feeling sick to his stomach.
- -If emergency medical personnel are delayed after calling 911, call the hospital emergency room for further instruction.
- -Monitor vital signs



HEAT STOKE OR HEAT EXHAUSTION? How do you tell the difference? The telling difference is mental confusion/disorientation in ALL heat stroke victims. You can ask these 3 questions. 1. "What is your name?" 2. "What day is this?" 3. "Where are we?" If a worker can't answer these questions, assume it is heat stroke. Heat Dehydration Heat Exhaustion Stroke Untreated heat exhaustion may progress to heat stroke.

PREVENTING HEAT ILLNESS



•Drink water frequently. Thirst is not an indicator. Drink small cup (every 15 minutes).

Consider sports drinks when sweating a lot

Avoid alcohol, caffeinated drinks, and heavy meals before or during work

PREVENTING HEAT ILLNESS •Work smart •Wear appropriate clothing -Light colored

-Avoid hot times of day

- -Take breaks in a cool shaded area

- -Light weight
- -Natural fibers
- –Hat with a brim
- -Cooling vest may be helpful in some cases.
- •Keep an eye on your buddy for possible signs of heat stress

PREVENTING HEAT ILLNESS

 Acclimatization Acclimatization —People need to adjust (acclimate) to hot working conditions over a few days (peaks in 4-14 days of regular work for at least 2 hours per day in the heat). —In severe heat, gradually build up exposure time especially if work is strenuous. —Adjust work routines as needed so employees are able to adjust and increase their tolerance

Pay special attention to:

•New employees •People just back from being sick Anyone absent for more than 2 weeks
 People who have just moved from a cooler climate
 Everyone during heat wave events

PREVENTING HEAT ILLNESS

•Outdoor employees must have access to potable water. •If water is not plumbed or otherwise continuously supplied, water shall be provided in sufficient quantity;

- -at the beginning of the shift
- -to provide one quart per hour for the entire shift.

PREVENTING HEAT ILLNESS

•Frequent consumption of water, up to 4 cups per hour, is extremely important and is encouraged when the work environment is hot and the employee is sweating.

•Employees are encouraged to drink frequently to replenish fluids lost during outdoor activities:

PREVENTING HEAT ILLNESS

•Employees suffering from a heat illness or believing a preventive recovery period is needed will be provided access to an area of shade or be provided with ventilation/cooling for at least 5 minutes

SHADE

- If staff will be in more rural areas (without access to permanent shade), they are advised to designate an area(s) that has naturally occurring shade.
 - If natural shade is unavailable, staff will bring canopies with them and/or rest inside their air conditioned vehicle with the engine running
- If staff will be outside buildings conducting their activities, remind them that breaks can be taken inside the building where there is shade and often air conditioning.

MEDICAL SERVICES

- Procedures need to be in place for responding to symptoms of possible heat illness:
- Including how emergency medical services are contacted

MEDICAL SERVICES

- The Supervisor will evaluate employees with respect to their acclimatization status prior to assigning outdoor work.
- The employee will call 911 in the event of a medical emergency.
- A list/map of hospitals and other emergency medical services is provided to all staff. In more rural areas, the specific hospital/emergency medical provider will be identified prior to outdoor work
- When performing outdoor work, staff will have their cell phones.

HEAT ILLNESS PREVENTION IN THE INDOOR WORKPLACE

INTEGRATED INTO HEAT ILLNESS PREVENTION PLAN (AS REQUIRED UNDER SECTION 3395)

> NEW SECTION TITLED: CCR TITLE 8 SECTION 3396

CALIFORNIA'S HEATING UP- CAL/OSHA'S NEW INDOOR HEAT ILLNESS REGULATIONS

•On June 20, 2024, the Occupational Safety and Health Standards Board approved California Code of Regulations, Title 8, section 3396,

•"Heat Illness Prevention in Indoor Places of Employment"

CALIFORNIA'S HEATING UP- CAL/OSHA'S NEW INDOOR HEAT ILLNESS REGULATIONS

- •This standard applies to most workplaces where the indoor temperature reaches 82°F.
- -regulation applies to any indoor work area where "the temperature equals or exceeds 82 degrees Fahrenheit when employees are present
- -Generally, any workplace with a roof and enclosed sides is considered an indoor workplace.

CALIFORNIA'S HEATING UP- CAL/OSHA'S NEW INDOOR HEAT ILLNESS REGULATIONS

 It establishes required safety measures for indoor workplaces to prevent worker exposure to risk of heat illness.

•The Office of Administrative Law (OAL) has 30 working days to review the proposal.

•The Standards Board requested that the regulation take effect immediately after OAL approval.

CALIFORNIA'S HEATING UP- CAL/OSHA'S NEW INDOOR HEAT ILLNESS REGULATIONS

- Industries excluding:
- –prisons,
- -local detention facilities,
- -and juvenile facilities.
- •The regulations do not apply in certain circumstances, such as where the employee is working remotely.

PROVISION OF WATER AND COOL-DOWN AREAS

- 1. Employees must be granted access to potable drinking water that is pure, suitably cool, and fresh for free.
- 2. The water station must be as close to the work area as feasible. In the instance when water is not plumbed or capable of being continuously supplied, employers are required to provide sufficient quantities.
- 3. Under these new regulations, any time employees are present, an employer must ensure that they always have one or more cool-down areas.

PROVISION OF WATER AND COOL-DOWN AREAS

- 1. Employees should be permitted to take preventative cool-down rest breaks to prevent overheating.
- 2. However, if individual employees do take these preventative cool-down breaks, an employer should:
- •monitor them for symptoms of heat illness,
- •encourage them to stay in the cool-down area,
- and not be required to resume work until the signs of heat illness have abated,
 but no less than 5 minutes in addition to the time needed to access
- If an employee displays or reports symptoms of heat illness, the
- employer must provide appropriate first aid or emergency response according to their emergency response procedures.

ACCLIMATIZATION

In instances where the employer cannot effectively use

- engineering controls,
- -like air conditioning,
- –mist fans,
- -cooling fans,
- -or other applicable methods,
- -to control the impact of the outside temperature on the indoor temperature,
- •employers must require a supervisor or designee to closely monitor employees throughout a heatwave.

IMPLEMENT ASSESSMENT AND CONTROL MEASURES

- •To minimize heat illness, employers must use "control measures."
- •Employers are required to measure the temperature or head index to record the greater number.
- •These records must be maintained by the employer, and include -the date,
- –time,
 - -and exact location of measurement.
- •These regulations require routine checking of temperature and maintenance of tools used to take such measurements.

TRAIN YOUR EMPLOYEES:

•Employers are required to train both their supervisory and non-supervisory employees before the employee starts work that may reasonably expose them to risk of heat illness.

•The regulations require extensive training on the different subsections, and requirements.

TRAIN YOUR EMPLOYEES:

•Employers are required to implement emergency response procedures, which includes:

- -ensuring that there are effective communication measures (i.e. through an electronic device with good reception);
- -responding to signs and symptoms of potential heat illness; -contacting emergency medical services;
- -and providing clear and precise directions to the worksite. •It is critical that employers ensure they have an effective response plan.

IMPLEMENT PROCEDURES FOR EMERGENCY RESPONSE:

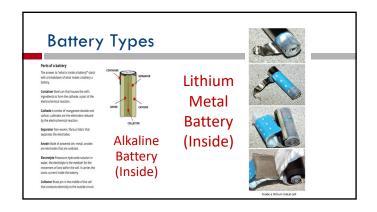
- Procedures need to be in place for transporting employees and providing clear and precise directions to the worksite:
- If staff will be working alone outdoors,
- they will notify their supervisors with respect to location
- and directions
- and expected time of field work.
- All staff are to have a map in their vehicles. - when communicating with the emergency medical

provider.

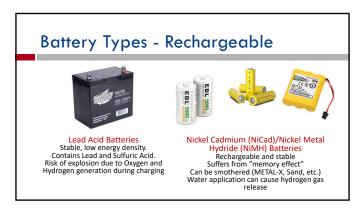
LET'S TALK ABOUT LITHIUM BATTERY PROBLEMS

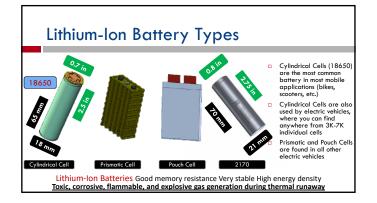
MANY OF THESE SLIDES COMPLIMENTS OF SAN DIEGO FIRE DEPARTMENT

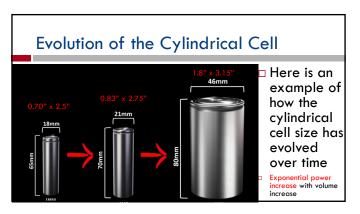


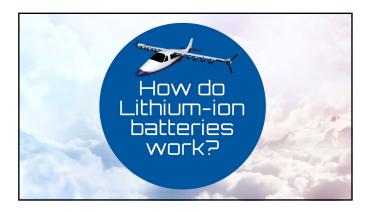










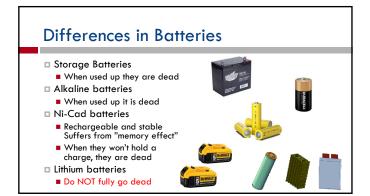


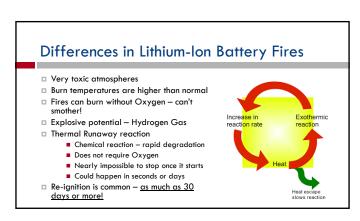
Voltage in Lithium-Ion Battery Tech

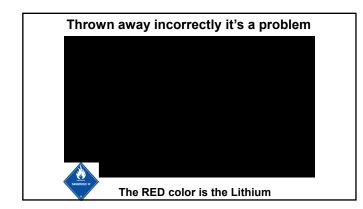


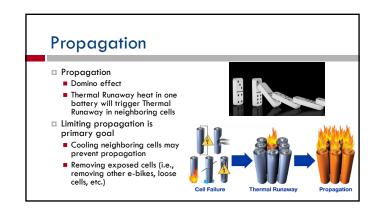


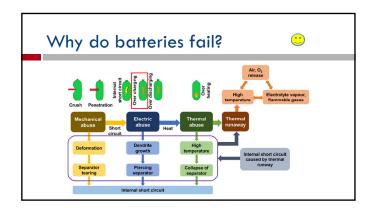


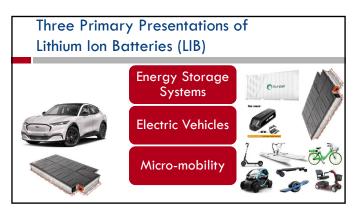


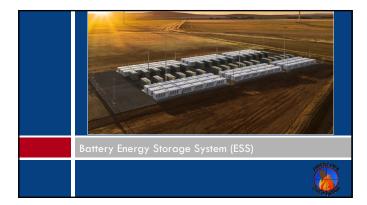












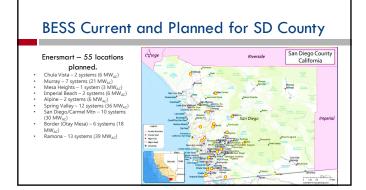


Battery Energy Storage System (ESS)

- Large Systems
 Multiple racks of batteries
 Surprise, AZ 2019
 Regulations
 - NFPA 855Safety measures
 - UL 9540 & 9540A
 - Testing of system







BESS TACTICAL CONSIDERATIONS IF BATTERIES ARE INVOLVED Defensive Operations!

- PPE
- Rescue
- Evacuate / Shelter-in-Place
- Property Conservation
 - Allow system safety devices to operate as designed
 - Monitor alarm panel and manually activate any safety devices if appropriate

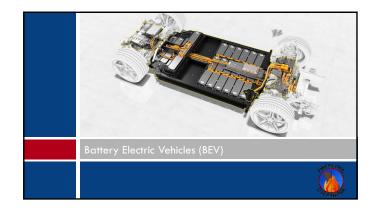
BESS TACTICAL CONSIDERATIONS IF BATTERIES ARE INVOLVED

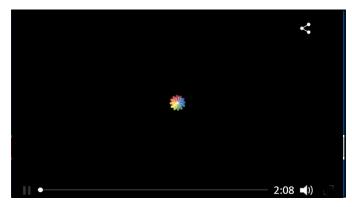
Prevent propagation

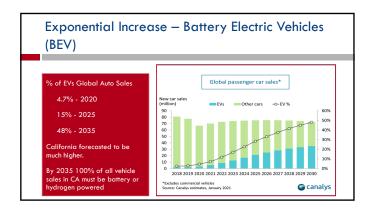
- Water curtains and unstaffed lines
- Apply from a distance and upwind if possible
 - Protect exposed pods
 - Extinguish and protect other infrastructural exposures
- Electrical hazard has not been demonstrated in testing at battery fires
 - Avoid direct water application to any exposed electrical components
 Use 30-degree fog for water curtains
- Protect other exposures
 - Neighboring structures
 - Vegetation

BESS TACTICAL CONSIDERATIONS IF BATTERIES ARE INVOLVED

- Incident Stabilization
 - Let it burn!
 May take multiple operational periods
- Environmental Protection
- Minimize/contain/redirect runoff if possible
- Resources (some considerations)
- BESS Personnel / Technicians
- EPA
- Hazmat
- Gas/Electric













BEV Fire Tactical Considerations

Life safety

PPE

- Rescue / Check for victims
- Chock wheels
- Evacuate / Shelter-in-Place

Incident Stabilization

- Attack the fire like a normal vehicle fire. Foam is NOT recommended
 Most EV fires do not involve the
 - batteries
- After confirming it is an EV and batteries are involved, if possible, allow the batteries to burn and evacuate the area 330' in all directions and protect exposures

BEV Fire Tactical Considerations

- If extinguishment/cooling is required:
 - Secure a water supply
 - Consider tilting the vehicle to gain access to the underside of the vehicle
 - This will require training prior to placing into operations
 - Lifting points must be referenced
 - Consider directing spray into side vents of battery pack
- Use a thermal imager to check for continued heating
- Never cut, crush, puncture, or open a high voltage battery to extinguish it
- If the cells are visible due to damage, you can direct a hose stream directly on the cell
- Observe the battery and watch for evidence of thermal runaway

BEV Fire Tactical Considerations

Other considerations

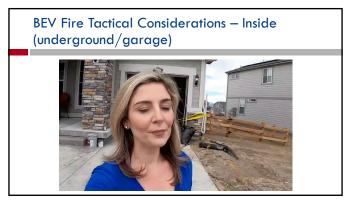
- Refer to the Emergency Response Guide (ERG) for the specific make and model of the vehicle for guidance on securing power to the lithium-ion battery. www.NFPA.org
 Some battery cooling mechanisms are powered by the 12-volt system
- Once the lithium-ion battery has been cooled, stand-by at least one hour and continue monitoring the

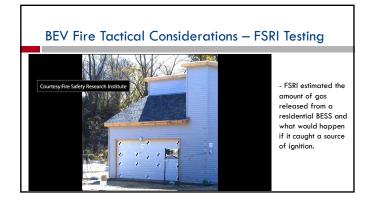
lithium-ion battery using the thermal imager and observe for any other signs of thermal runaway

Tow Company

- Make sure it's towed on a flatbed.
 Regenerative braking sends power to batteries. This may cause a fire with rotational force on wheels
- Store 50 ft away from all exposures







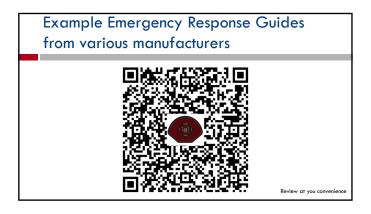
BEV Fire Tactical Considerations – Inside (underground/garage/warehouse)

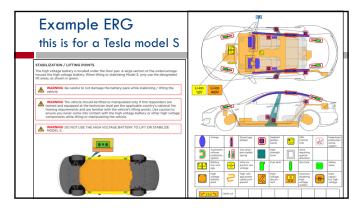
Considerations: Garage

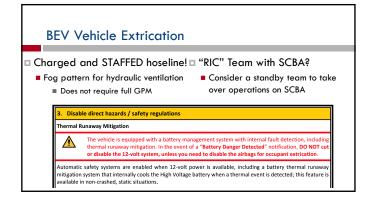
- Approach from an angle to avoid possible door explosion/over pressurization
 If no active fire, be concerned with possible
- explosive atmosphere
 Warehouse
- Careful cutting into rollup doors without knowing what's inside
- Underground Parking
- Toxic atmosphere hazard
- Explosive atmosphere less likely due to

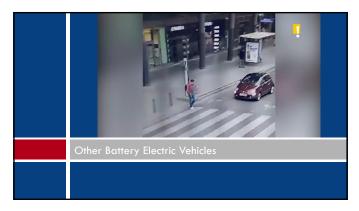
available space

- Allowing vehicle to burn is an option, with significant consequences to the structure
 EV fires do not release more heat energy than internal combustion engine (ICE) fires
- Identification of EV will be difficult, if not impossible. Follow your department SOP for underground vehicle fires
- Perform thorough PPE and personal decontamination procedures

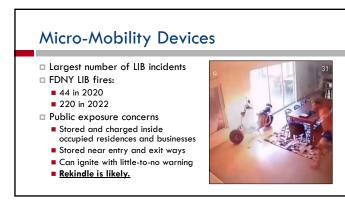




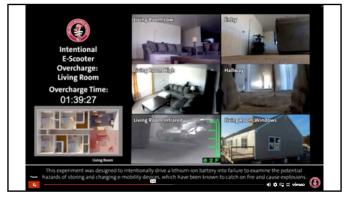




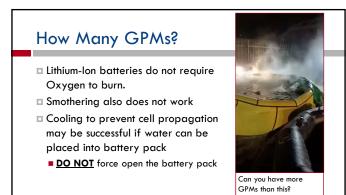














Micro /	Mobility	Concer	ns	
Rapid failure				
Overhaul				
Toxic atmosphere				
Rekindle				
Explosive				

Micro Mobility Tactical Considerations

Life safety

- PPE/SCBA
- Rescue
- Evacuate area
- Incident Stabilization
 - If outdoors
 - Allow micro mobility to burn to
 - completion
 - Prevent propagation to other
- devices/battery packsIf indoors
 - Attack residential fire like normal
 During fire attack, uninvolved
 - micro mobility device may ignite behind you!!

Micro Mobility Tactical Considerations

- Move all lithium-ion battery cells and devices to a safe location, away from firefighting operations, <u>PRIOR to overhaul</u>
 - Use shovel with wooden handle
 - Outside is preferred
 - Consider b preterred
 Consider bathroom, bathtub, sink, or metal bucket and fill with water if outdoor not an option
- Wear SCBA during overhaul
 Advise Investigators of possible LIB presence
- Request Hazmat to assist with battery stabilization, mitigation, overpacking, and disposal
- Provide protection line during overpacking procedures

So you have batteries that are still a problem Neutralization Considerations

- Prepare monitoring equipment- Thermal Imaging Camera for reaction temps, CGI for H2, pH paper for HCI or sulfuric acid, FI paper for HF. For smoke consider also RAE for CI2 vapors, RAE or Draeger for HCI vapors
- Other Equipment needed- Battery removal tools, Bucket/Drum, Salt and water
 - Rapid (minutes/hrs) Discharge: Mix Solid salt (e.g. Morton's) into container for +/- 20% solution:
 6-8 pounds to 3-4 gallons of water in
 - 6-8 pounds to 3-4 gallons of water in
 5 gallon bucket,



Neutralization Considerations

- Sodium Chloride (SALT) will act an electrolyte to draw the power out of the Lithium Battery and corrode the metal.
- This will render it inert but takes time



Neutralization Considerations

- 50 pound salt bag for 25 gallons water (leaves space for batteries in 30 gallon drum)
- 2 x 50 pound bags for 50 gallons water , or if there are days to weeks available you can,
- Slow (days/weeks) discharge: Mix Solid salt (e.g. Morton's) for 1% NaCl solution as follows:
 - - 4 ounces (1/2 cup) for 5 gallons,
 - 1 pound for 25 gallons water (need space for batteries in 30 gallon drum)
 - 2 pounds for 50 gallons water



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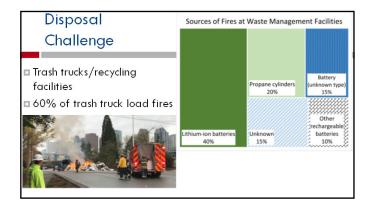






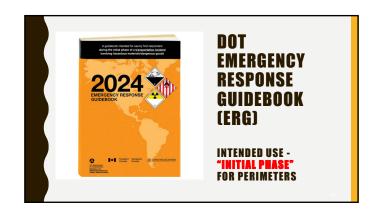
Disposal	
UNIVERSAL	HAZARDOUS
WASTE	WASTE
per 40 CFR 273.14 and 273.34	STATE & FEDERAL LAW PROHIBITS IMPROPER DISPOSAL FOUND, CONTACT THE MEMORST FOLICE OF PULLIC SAFETY AUTHORITY, OR THE U.S. ENVIRONMENTAL PROTECTION AGENCY OR THE CALL ECRIMAL DEPARTMENT OF TYDOR UNREALMORST CONTROL
DESCRIPTION UN3480 Libhum Ion Batteries Damaged/Defective Libhum Ion Battery	GENERATOR INFORMATION: NAME City of San Disgo Tire Department
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GENERATOR INFORMATION: TELEPHONE 623-354-4028	ID NO / TRACKING NO.
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HANDLE WITH CARE!	HANDLE WITH CARE!
FOR SERVICE CALL:	CONTAINS HAZARDOUS OR TOXIC WASTES







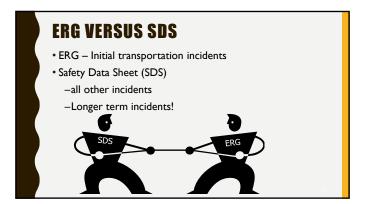






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Hasterbourt Masterials Outstaatty & Bryggement	Emergency Response Guidebook (ERG)	https://www.phmsa.dot.gov/training
Training Requirements for Industry		/hazmat/erg/emergency-response-
Emergency Response Guidebook (BR4)	2024 💱 🔤 🛛 📈	guidebook-erg
Warhahapa		
Webners	100 L (m. 11	
Community Liabons (CLI)		
Publications	The 2024 Emergency Response Guidebook and mobile application is now	
Publicaciones (en españo)	availablet	
hendezera	Ouickly Identify Hazardous Materials Emergency Procedures	
Training Modules	The 2024 Emergency Response Guidebook provides first responders with a manual interded for use during the initial share of a transportation insidem involvim hazandous material/blatemenus excess.	
Videos and Viobile Apps	D07s goal is to place an B10 in every public emergency service vehicle nationalde. To date, more than 18 million free	
Consect Up	copies have been disclosed to the envergency response community through table envergency management, separates to Management of the public may purchase a copy of the EAS through the GAO Booksore and other enversely is upplied.	
Contact Us	First responders, we want your feedback Submit your name, organization, contact information, and comments to mit/commercedplot appro-	
Heardous Micerials Training Program	NOTION Commencial Suppliers who would like essess to the print production files for the 2024 Energyney Response Guidebook should and a request to ERECommenceBook.pp.w. Files are available as inConten Lindol or in the	
U.S. Department of Dransportation, Pinaline and	Microsoft Office Suite (800x, 300).	
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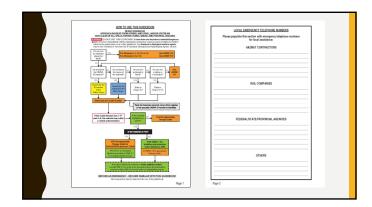


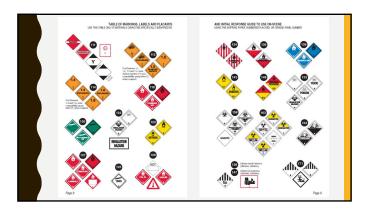


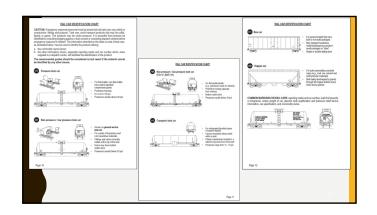


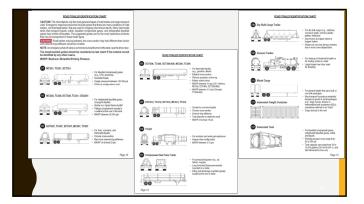
NEW FOR 2024 ERG

LOCAL EMERGENCY TELEPHONE NUMBERS – blank page	Page 2
Expanding several guides, including: Especially 115 and 140	Orange Section
Updated the Marking, Labeling, and Placard ID charts	Page 8-9
First aid guidance moved from Orange section to:	Page 150
Information for responding to electric vehicles	Page: 356
BLEVE guidance and charts	Page 357 - 359
Criminal or Terrorist use of CBRN AGENTS	Page 360 – 366
Modified IED guidance	Page 367-368
Added/Removed several UN/ID numbers from the ERG	See handout
QR code for reporting incidents	See back Cover

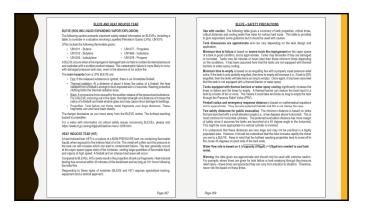












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	14000	(3855	0 33	(10.5)	17.2	(38.4)	39000	(123439)	,	43	114	(374)	457	(1455)	1715	(3827)	2200	(/213)	3940	902











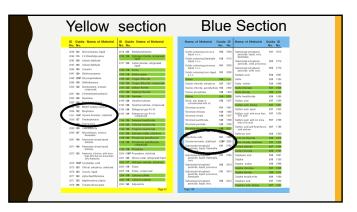
ERG

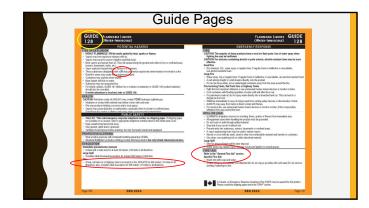
•Look up Styrene monomer

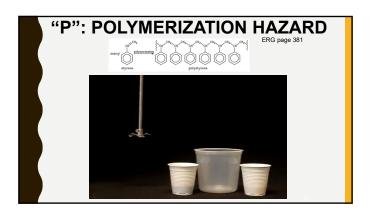
-How did you locate the entry?

-What is the guide number?

BLUE Section
2055
128P





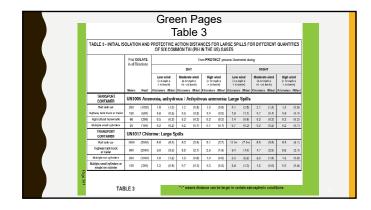






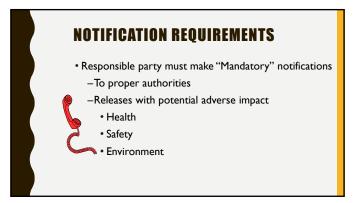


Green Pages Initial Isolation and Protective Action Distances			
	TABLE 1 INITIAL ISOLATION AND PROTECTIVE ACTION DISTANCES		
0.0	SMALL SPLLS	LARGE SPILLS	
8	Fight ISOLATE PROTECT percent Fight PROTECT Fight ISOLATE D Guide No. No. No. Name of Material Material IsoLations (Context Material) Fight percent/percent material	PROTECT persons Deverand during DAY Kitometes (Milley) Kitometes	
	1005 128 Ammonia, arhipdrose 1005 128 Anthrdisce ammonia 30 m (100.0) 0.1 km (0.1 m) 0.2 km (0.1 m)	Refer to Table 3	
	1008 125 Boron trilluorido 30 m (100 II) 0.2 km (0.1 m) 0.7 km (0.5 m) 400 m (1250 II) 1008 T25 Boron trilluorido, compressad 30 m (100 II) 0.2 km (0.1 m) 0.7 km (0.5 m) 400 m (1250 II)	2.4 km (1.5 m) 4.7 km (2.9 m)	
	1016 119 Carbon monorido, compressed 30 m (100 ft) 0.1 km (0.1 m) 0.2 km (0.1 m) 200 m (600 ft)	1.2 km (0.7 m) 3.9 km (2.4 m)	
	1017 124 Chlorine 60 m (200 lt) 0.3 km (0.2 m) 1.5 km (0.9 m)	Refer to Table 3	
	105 119 Cyanogen 50 m (100 II) 0.1 km (0.1 m) 0.4 km (0.5 m) 60 m (200 II) 1040 1159 Environ conte 30 m 100 m 0.1 km (0.1 m) 0.4 km (0.2 m) 1041 1159 Environ conte 30 m 100 m 0.1 km (0.1 m) 0.2 lm (0.2 m)	0.3 km (0.2 m) 1.1 km (0.7 m) Refer to Table 3	
	1945 124 Hanne compressed	0.5km (0.2m) 7.3km (1.4m)	
	1046 125 Hydrogen bromide, anhydrous 30 m (100 ft) 0.1 km (0.1 m) 0.2 km (0.2 m) 150 m (500 ft)	10 km (0./m) 32 km (2.0 m)	
	1069 126 Hidrogen chlotide, anhydrous 39 m (109 t) 9,1 km (9,1 m) 9,3 km (9,2 m)	Fictor to Table 3	
	1051 1179 Hydrogen cyuride, stabilized 60 m (200 l) 0.2 km (0.1 m) 0.7 km (0.4 m) 200 m (600 l)	0.7 km (0.5 m) 1.8 km (1.1 m)	
	50% 125 Hydrogen Buoide, anhydrous 30 m (100 B) 0.1 km (0.1 m) 0.5 km (0.3 m)	Refer to Table 3	
	1023 117 Hydrogen sulfide 30 m (100 ft) 9.1 km (0.1 m) 9.5 km (0.2 m) 400 m (1280 ft)	2.4 km (1.5 m) 5.3 km (1.9 m)	
	5001 118 Methylamine, anhydrous 30 m (100.8) 0.1 km (0.1 m) 0.2 km (0.1 m) 200 m (500.8)	0.6km (0.4m) 2.1km (1.3m)	
	1062 123 Mathyl bronida 30 m (100 h) 0.1 km (0.1 m) 0.1 km (0.1 m) 150 m (500 h)	0.3 km (0.2 m) 0.7 km (0.5 m)	
	1064 117 Mothyl morcaptan 30 m (100 tb) 0.1 km (0.1 m) 0.3 km (0.2 m) 200 m (600 tb)	1.3 km (0.8 m) 3.0 km (2.1 m)	
	1067 124 Dinkogen Metodo 50 m (100.8) 0.1 km (0.1 m) 0.4 km (0.2 m) 400 m (1950 H)	14km (09m) 33km (21m)	
		194	









NOTIFICATION REQUIREMENTS CALIFORNIA

- "Mandatory" notifications are made immediately as soon as it is safe to do so.
 - -Local 911 Local dispatch
 - -CUPA/Administering Agency ???
 - -State Warning Center (800) 852-7550
 - -National Response Center (800) 424-8802
 - If you have a Reportable Quantity (RQ)
 - Section 49CFR 172.101 Table 1 lists the RQ
 - Some SDS also list the RQ values

WHERE ELSE WOULD YOU FIND REPORTABLE QUANTITIES (RQ)

- 40 Code of Federal Regulations
- § 302.4 Designation of hazardous substances.
- Table 302.4 List of Hazardous Substances and Reportable Quantities
- 49 Code of Federal Regulations
- Section 172.101 App A
- Appendix A to §172.101 List of Hazardous Substances and Reportable Quantities

RESPONSIBILITY FOR NOTIFICATIONS

Business or Spiller makes mandatory notifications

-Your legal responsibly and not the responders

• Responders:

- -Make these if no one else is around
- -May also call as backup
- -Some departments require them to make notifications also (Highway Patrol in some states)



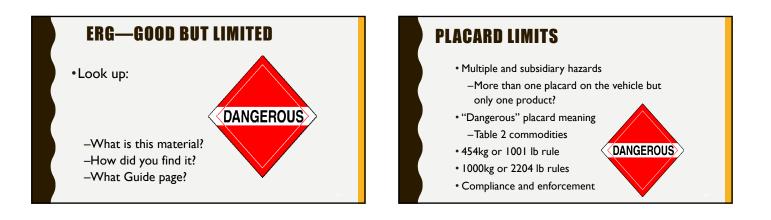






ERG—GOOD BUT LIMITED

•Look up **UN1760** -What is this material? -How did you find it?





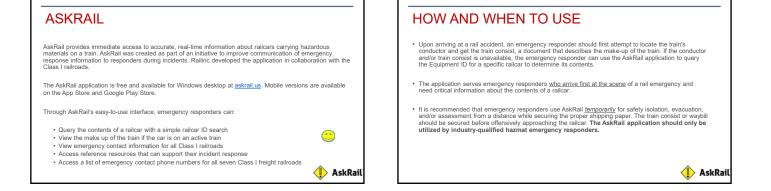


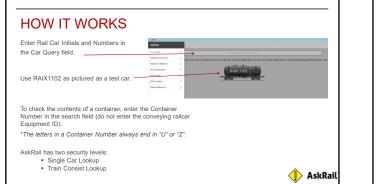


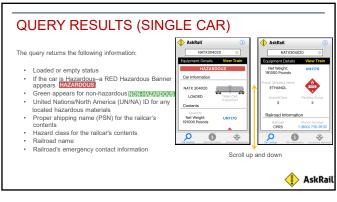


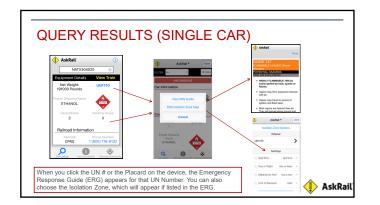




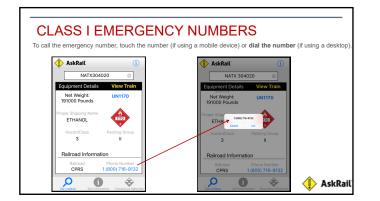


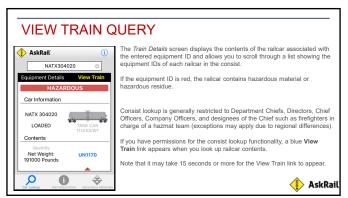


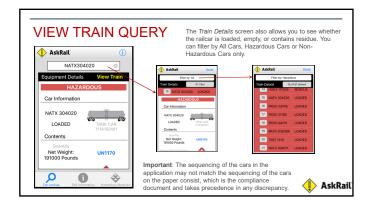












REQUEST THE APP

•AskRail is available to anyone, however, sponsor approval is required to access all areas of the application (Car Look-up and Top 125).

•The app can be requested and downloaded through the AskRail.US website which provides links to the App Store, Google Play Store, and a download to the Windows Desktop Application.

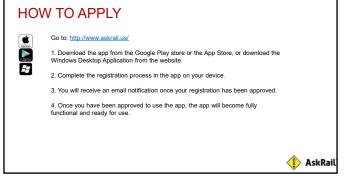
REQUEST THE APP

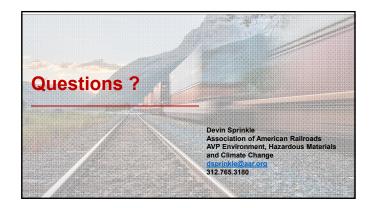
•Additionally, users must request access to the app.

•Authorization is managed by Class I railroad sponsors, including BNSF, CN, CPKC, CSX, NS, UP, and Genesee & Wyoming affiliated RRs.

· In addition, railroads can offer the app to known emergency responders along their routes.

Want to see a demo?





LET'S TAKE THE POST TEST HTTP://TINYURL.COM/SWAPOSTTEST Do not click on the OPEN bar in the center Click on the HTTPS: link to go to the pretest

- · Enter your student name
- · Enter you email
- · Enter the Instructors name
- · Start the 10 question post-test
- · Submit Form when finished



