In Person Regional Train the Trainer

October 21 & 22, 2024 Orange County November 4 & 5, 2024 Contra Costa County November 19 & 20, 2024 Sacramento

Day 1 9:00-4:30pm

Day 2 8-3:30pm

Limited to 35 attendees per venue and attendees much attend the entire training. This training is for CUPAs/PAs and State employees (State employees are only covered for the registration fee). To sign up, log in and sign up under Training Opportunities

https://calcupa.org/members/index.html

Sponsored by California CUPA Forum Environmental Protection Trust Fund

FULL Scholarships are available to cover Registration costs, travel/toll, one or two nights hotel and per diem.

1.) We are asking each attendee to use a City of County car. If your agency can fund travel that would be appreciated. Mileage can be requested if you are over 35 miles from office, with optional hardship for employees that live further away. If mileage is approved, it will be reimbursed at the current IRS rate of .67 cents.

2.) Hotel nights Two nights max. \$35 dinner per diem for each night hotel.

3.) All attendees must attend the entire training both days. If you cannot attend the entire training, please do not sign up. The training builds off each day training.

4.) You must complete a scholarship application showing the estimated costs of request at <u>www.calcupa.org</u>. Your scholarship will be approved on the website and an email confirmation has been sent.

5. Continental breakfast & lunch will be provided at the venue.

Purpose

California CUPA Forum is dedicated to supporting the Unified Program locally and statewide. The California Unified Program Annual Training Conference looks for presenters every year to provide a high lever training. The CUPA Conference is dedicated to support the Unified Program and its trainers and presenters in designing and delivering high quality, engaging, and dynamic training. This "Train the Trainer" Program is designed to support this goal.

Train the Trainer Program

Rational Objectives: The rational objectives of the Train the Trainer Program are to:

• Provide applicable tools and techniques to create powerful presentations and trainings

- Support trainers in preparing material to engage conference attendees in the learning process
- Create dynamic learning experiences that encourage attendees to apply the learning

Experiential Objectives: While achieving the rational objectives, the following experiential objectives are:

- To increase confidence of trainers
- To support developing a thoughtful and effective presentation

In-person, 2-day Training

Below is an overview of each days training. The afternoon of the second day will consist of each participant delivering a short presentation and receiving feedback to support their CUPA presentation delivery.

Workshop Day #1 9:00-4:30pm

- a. Getting and Keeping Adult Learners Interested in an in-person environment.
- b. Designing and Delivering Presentations for the greatest impact
- c. Making Learning Stick with multiple learning modalities
- d. Designing exercises and activities to engage audiences in a live conference environment
- e. Creating Visual Aids that support learning

Workshop Day #2 8:00-3:30pm

- a. Managing Presentation Anxiety
 - i. Mind / Body reaction
- b. Handling Questions effectively in a training
- c. Integration
 - ii. Each participant builds a plan for their presentation
 - iii. Each participant delivers a short presentation and receives feedback

1:1 Coaching (Optional)

Meet with each participant to provide coaching on presentation, delivery, set-up, training strategies, and other preparation support as desired.

Why MaxPotentials?

MaxPotentials works with clients to build a fully customized and results that meet their unique training needs. As an active partner in the planning, preparation and delivery of planning activities that are collaborative, cohesive, and productive.

Some of the key practices employed by MaxPotentials includes but, is not limited to:

- Engaging participants in interactive exercises to achieve results
- Focusing on results driven facilitation
- Creating an energizing planning environment

Principal Consultant Qualifications

KEIRSTEN TAILLON, Psy.D.

Organization Development and HR Consultant Email: keirsten@maxpotentials.com Web: www.MaxPotentials.com LinkedIn: www.linkedin.com/pub/keirsten-taillon/0/605/a81 Phone: 916.705.3398



Keirsten Taillon, Psy.D. is an Organization Development and Human Resources Consultant. She coaches and teaches communication, leadership, change management, strategic management and related courses to public, private and non-profit organizations. Dr. Taillon is passionate about supporting the growth and expansion of individuals, teams, and organizations and brings that passion to each class and coaching relationship.

Prior to founding her business, Dr. Taillon has served as a Human Resources Director for a large Non-Profit providing mental health services to children in the Sacramento Region. And, has served as Vice President of Retail Banking and Marketing in the banking/finance industry. In all internal roles she served as a change catalyst and performance improvement driver. In each role she led successful whole organization culture changes.

Dr. Taillon earned her Psy.D. in Organization Development at Alliant International University in 2016, an MBA from Salem State College, Massachusetts, and a B.A. in Communications and Rhetoric from the University of California, Davis. As a member of the International Coaching Federation, she follows the ICF Code of Ethics for Coaching. Dr. Taillon is proud to have served as the 2005 and 2006 Sacramento Area Human Resources President. She currently serves as the Chairman of the Board of Directors for iFoster, a national non-profit providing resources to foster children, transition age foster youth, and their families.

Her recent consulting experience include (but are not limited to):

CALFIRE Office of the State Fire Marshal – Strategic Plan Leadership for the Government Executive California CUPA Forum Train the Trainer & Strategic Planning CA Health and Human Services Agency Leadership Development Academy Department of State Hospitals Department of Toxic Substance Control – Strategic Plan Sacramento Sanitation Districts Caltrans Leadership and Management Training